



# HALAVELI GYM & FITNESS

*From 6:00 am – 9:00 pm*

**GET ACTIVE** - *We take your fitness personally*

## **Personal Training Session**

- 60 minutes \$ 50

## **FST-7 (for Professional Bodybuilders)**

- 60 minutes \$ 50

## **Kinesis Conditioning Training**

- 60 minutes \$ 50

## **Body Weight Training**

- 60 minutes \$ 50

## **Weight Loss/ Gain Training**

- 60 minutes \$ 50

## **Free Weights & Body Weight Training**

- 60 minutes \$ 50

## **Cardio & Stretching Session**

- 60 minutes \$ 50

## **Aqua Aerobics**

- 60 minutes \$ 50

## **Cross Fit**

- 60 minutes \$ 50

*For more information, please contact our Fitness Center on extension #7156  
All prices are stated in US Dollars subject to 10% Service Charge and 12% GST*

 **CONSTANCE  
HALAVELI**

MALDIVES