



OCEAN SPA

Nestle on the lagoon's edge, surrounded by splash water of Indian Ocean, and enlightened by the warmed of the Maldivian sun sits Ocean Spa. With breathtaking lagoon and ocean view, the Spa captures the energy of the Nilandhe spirit with a unique sense of simplicity and luxury, which define of Iru Veli.

Our mission is to deliver a heavenly of sensory experience synergy with high quality marinebased products of French, Thalgo. Continuously reinforces its environmentally friendly practices. Synergy of Ocean Spa that embrace your wellness and wellbeing offering a heavenly journey of sensory delight to enliven your body, mind and soul.



BODY CARE by THALGO

This finest nature of sea mineral ingredients creates the ultimate result for every sequence of body help to eliminate fatigue, stimulate the circulatory and lymphatic system, and detoxify the body.

Micronized Marine Algae

Let nature detoxify and rebalance your body through the magical properties of the sea. Envelope yourself with a deep cleansing with natural sea minerals and algae, will eliminates the toxin and excess fluid, boosts cell regeneration and detoxifying

45 minutes

Total Detox

Bring your total experience of detoxification start with application of Micronized Marine Algae body wrap to draw out the toxin and impurities. Followed by Detox Massage which focusing into the problem area, eliminate the fat and breakdown the cellulite.

110 minutes

Silhouette Body Contour

An anti-cellulite treatment is designed to stimulate the circulation and to firm problem zones. It divides fat cells, burns up surplus fat, eliminates waste and firms the skin tissue.

120 minutes

Iles Pacifique

Ultra- sensory, the treatment begins with luxurious scrub which combination of White and of Bora-bora, Sea Salt, Coconut Shells, and vegetables oil to exfoliate and nourish the skin. Followed by gentle massage using Tahitian Monoi massage oil, this velvety oil makes your body relaxed and revived

105 minutes

Optimizer Back Treatment

Treat your back like you treat your face. Begin with an energizing marine body scrub help to draw out impurities and application of marine body wrap to revitalize the skin, followed by vitality back & shoulder massage to improve physical body power.

60 minutes

Non- PAIS



FACE CARE by THALGO

The art of precision skin care is enhanced by the expertise of THALGO in our luxury, which have been designed to provide maximal result

Soothing Marine

60 minutes

This facial suitable for sensitive skin by using the finest ingredient from natural Indian Ocean, to keep the skin nourish, fresh and glowing.

Intensive Hydra Marine

60 minutes

Effective face treatment for dry, dehydrated, and dull skin. Essential to provide your skin with 24 hours hydration and perfect radiant.

Deep Cleansing

60 minutes

A purifying treatment for oily and combination skin with natural antibacterial properties, pure natural seaweed and highpotency marine extract penetrate deeply into the skin, helping in regulate sebum production, eliminate impurities.

Ultimate Anti-Aging

75 minutes

This beauty treatment to prevent the sign of aging. With Marine Sillicum as the main ingredient makes your skin effectively away from wrinkles, improvement in skin firmness, and facial contours will feel lifted.

Anti-aging Eye Care

30 minutes

A sensational eye treatment to relieve tired eyes, reduce lines and dark eye circles with special pressure point massage to relieve tension and to improve circulation. Healing scalp massage will be performed during the eye mask to increase the relaxation.

Men's Vitality

60 minutes

A purifying treatment for oily and combination skin with natural antibacterial properties, pure natural seaweed and highpotency marine extract penetrate deeply into the skin, helping in regulate sebum production, eliminate impurities

Non- PAIS



MASSAGES

Asia's tradition of traditions, a masterpiece of unique and strong cultural identity of different ancient massages. All massages can be booked by 60 minutes or 90 minutes and can be individual or combined as a package.

Balinese Massage

60 minutes

This massage is performed using the traditional Balinese technique incorporate palm pressure, knuckles, and firm fingers. This treatment brings a sense of well-being, calm and deep relaxation.

Authentic Thai Massage

60 minutes

Non- oil massage with lots of stretching and pressure points manipulation to boost the immune system, relieve joint soreness and improve the flexibility of body.

Hawaiian Lomilomi Massage

60 minutes

Characterized by the Huna's loving and nurturing approach, this massage brings the balance in physical, mental, and spiritual dimensions. This healing touch experience has positive effect on all body system, balance the body and mind, and helps you reach clarity.

Classical Western

60 minutes

This therapeutic massage is like Swedish massage, featuring strong kneading of the muscle tissue, getting deep into the muscle fiber. Firm strokes increase circulation and encourage the release of toxins, helping alleviate chronic muscle pain, tension and working out stubborn knots. We use our own specially formulated Uplifting oil with this massage to energize and revitalize

Foot Reflexology

45 minutes

An ancient healing based on the principle that there are reflex points on the feet that correspond to the body's different organs and glands.

Hiyala Head & Scalp Massage

Our signature beauty hair & head treatment inspired by the traditions of Maldivian ladies. A head massage using our homemade coconut oil to soften and left the hair silky and smooth. Followed by a warm hair compress and an energizing shoulder massage.

Pregnancy Massage

60 minutes

For safe and effective relief of the physical stress of pregnancy from cramp and postural discomfort to back pain.

Traditional Filipino Massage

90 minutes

Using coconut oil, this traditional Hilot massage combine with "bentosa" a glass cupping therapy as an ancient form of alternative medicine help to reduce the pain, increase blood circulation, and relieves the stress.

Anti-Cellulite Massage

90 minutes

Restore the natural appearance of your skin, this repetitive striking technique will warm the cellulite and helps improve the lymphatic flow. This helps to further improve the smoothness, tone, and reduce the visibility of cellulite on your skin.

PAIS



AYURVEDA TREATMENTS

Abhyanga Massage

60 minutes

Performed with oil infused with herbs, Abhyanga Massage takes you to the ancient therapy that pampers as it heals the soul. Using gentle and soothing strokes that stimulates the lymphatic system, this massage improves the blood circulation, improves appetite, releases stress built-up and promotes relaxation.

Kati Vasti Massage

60 minutes

A targeted Ayurvedic massage that focuses on the lumbar spine with the use of warm Ayurvedic oil. This massage increases the oxygen in the blood stream and ease the tension on the joints and will make you feel relieved.

Shirodhara Massage

60 minutes

Awakening your senses and spirit with Shirodhara massage, warm oil is placed over the third eye and hairline. This holistic healing approach harmonizes the body, mind and soul and creates a balancing effect in the deepest blissful state of consciousness.



BODY WORKS

Treatments start with honoring the feet followed by the body treatment of your choice. All-natural ingredients are used to support the local business and farms by sourcing the ingredients within the country. Body treatments may be done on their own or added to any other spa service.

De-Aging Pineapple Papaya Body Polish

50 minutes

Ingredients good enough for a yummy dessert are also ingredients to healthy and better-looking skin. This concoction delicately exfoliates and moisturizes body while bringing out a fresh and natural layer, through the stimulating power of fruit enzymes. Your skin will look healthy, smooth, and shiny as if you were born with them.

Moisturizing Coco Body Scrub

50 minutes

Savor the rich, natural goodness of delightful natural body scrub as it combines the exfoliating properties of fresh coconut meat and rice powder to remove the dead skin cells. Application of coconut oil will be performed at the end of the treatment to moisturize and good for dehydrated skin.

Anti-Cellulite Coffee Scrub

50 minutes

“Coffee is the answer, who cares what the question is.” This aromatic and decadent body scrub combines the gentle exfoliation and reduce visibility of cellulite effect of the coffee as well as the rejuvenating of brown sugar. Packed with antioxidants, it is sure to leave your body with smooth, healthy skin.

Rejuvenating Javanese Lulur Scrub

50 minutes

The beauty ritual of “lulur” is an age- old beauty secret inspired by Javanese Royalty. This exotic scrub made by refine turmeric, rice powder, herbs, and spices to smooth the skin and give you a golden glow.

Invigorating Rosemary and Lemon Salt Scrub

50 minutes

Experience the secrets of beautiful skin with this traditional recipe of herbs, sea salts, aromatic oils and tropical plant extracts. The earthy smell of rosemary yet relax, will give your skin firmness combined with the power of lemon and salt, a great job in exfoliating skin and improved circulation in the bod

Hydrating Cucumber Body Wrap

50 minutes

Natural medication of cucumber has a soothing & calming effect to reduce the redness after sunburn. A little treat on your face by refreshing mask will calm the feeling of heat.

Honey and Milk Body Mask

50 minutes

Application of lavish Honey & Milk body mask which rest in a soothing blanket to deliver complete relaxation of the skin results, nourished, firm and healthy.



SPA PACKAGES

Re-alignment Package

2 hours

Bring the balance back to your life with our Re-alignment Package. Choose your preferred massage and followed by foot scrub to refresh and smooth the sole of the feet.

- 90 minutes Massage of your choice except Ayurveda treatment
- 30 minutes Foot Scrub

Always Together

2 hours

Take advantage of our couple's room and the pampering in this package designed exclusively for couples. Treatment starts with a moisturizing tropical fruit coco scrub followed by your chosen massage. Served with sparkling wine after the treatment.

- 60 minutes Moisturizing Coconut Body Scrub
- 60 minutes Massage of your choice except Ayurveda treatment
- Served with Sparkling Wine

The Perfect Escape

2 hours

Indulge yourself and your loved one to give benefit of recreation and relaxation. It is always good to feel pampered on holiday, a perfect escape from the busy life. Ocean Spa creates a package that surely personalize by you. Choose from any a la carte of treatment for two hours:

- 60 minutes Body Scrub or Body Wrap
- 60 minutes Massage of your choice except Ayurveda treatment

Heritage Package

2 hours and 30 minutes

Inspired by traditional Filipino herbal healing, this therapeutic masterpiece incorporates a Philippine heritage ritual that immerses mind, body & spirit in a state of overall well-being. Cap this truly indigenous and indulging traditional Filipino massage with Bentosa "cupping" technique to un-block the energy in your body

- 60 minutes Coconut Body Scrub
- 90 minutes Filipino Massage



PAIS PRICES

MASSAGES

✓ Balinese Massage	60 minutes	\$188
✓ Authentic Thai Massage	60 minutes	\$188
✓ Hawaiian Lomi-lomi Massage	60 minutes	\$188
✓ Classical Western	60 minutes	\$188
✓ Foot Reflexology	45 minutes	\$188
✓ Hiyala Head & Scalp Massage	50 minutes	\$188
✓ Pregnancy Massage	60 minutes	\$188
✓ Traditional Filipino Massage	90 minutes	\$248
✓ Anti-Cellulite Massage	90 minutes	\$248

AYURVEDA TREATMENTS

✓ Abhyanga Massage	60 minutes	\$218
✓ Kati Vasti Massage	60 minutes	\$218
✓ Shirodhara Massage	60 minutes	\$218

BODY WORKS

✓ De-Aging Pineapple Papaya Body Polish	50 minutes	\$188
✓ Anti-Cellulite Coffee Scrub	50 minutes	\$188
✓ Moisturizing Coco Body Scrub	50 minutes	\$188
✓ Rejuvenating Javanese Lulur Scrub	50 minutes	\$188
✓ Invigorating Rosemary and Lemon Salt Scrub	50 minutes	\$188
✓ Hydrating Cucumber Body Wrap	50 minutes	\$188
✓ Honey and Milk Body Mask	50 minutes	\$188

SPA PACKAGES

✓ Re-alignment Package	2 hours	\$278
✓ Always Together	2 hours	\$518
✓ The Perfect Escape	2 hours	\$518
✓ Heritage Package	2 hours and 30 minutes	\$318



NON- PAIS PRICES

FACE CARE by THALGO

· Soothing Marine	60 minutes	\$178
· Intensive Hydra Marine	60 minutes	\$178
· Deep Cleansing	60 minutes	\$178
· Ultimate Anti-aging	75 minutes	\$258
· Anti-aging Eye Care	30 minutes	\$98
· Men's Vitality	60 minutes	\$178

BODY CARE by THALGO

· Micronized Marine Algae	45 minutes	\$148
· Total Detox	110 minutes	\$258
· Silhouette Body Contour	120 minutes	\$298
· Iles Pacifique	105 minutes	\$248
· Optimizer Back Treatment	60 minutes	\$188

All prices are quoted in US Dollars, including 10% service charge and 16% applicable taxes.